

WHAT CLIENTS SAY ABOUT THEIR SUCCESSES USING THE MOD SOLUTION® SYSTEM

HEALTH CARE

From Donna McGowan, Administrator
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As administrator of an acute care and long term facility, I needed a system in place to educate the present and future staff ergonomically for their safety, as well as our safety as an institution. I had dealt with injuries in the workplace and saw this as a situation that needed improvement, beginning with the hiring process.

Cathleen Amwake, OTR/L, and her company, MOD Solution®, were hired for this job. Cathleen began with work station evaluations and recommendations for all our employees. Suggestions were given, supplies were purchased and future injury problems were avoided.

Post-offer testing was developed by MOD Solution® using hands-on techniques, and a DVD showing proper task mechanics, including lifting and pushing, was provided. The need for accountability on the part of employees for their own health was impressed upon staff, with resulting proactive actions on their part toward improving on-the-job safety and preventing injuries.

Lane County Hospital is a no-lift institution which uses a variety of tools to ensure our staff's high standards in taking care of themselves and their patients. MOD Solution® has assisted with our job descriptions regarding requirements for specific job titles with reference to lifting, pushing and standing. This has allowed us to be proactive in our hiring process and to prevent serious injury in our work force. The money savings have been substantial for the institution in several ways:

- Prospective employees who are unable to perform the job requirements are not hired
- Post-offer employees needing strengthening exercises to prevent injury are enrolled in a work strategies program, with follow-up by MOD Solution® to prevent injury. These employees in turn become proactive in identifying any problems they may anticipate or encounter that might cause injury, or if they have questions or concerns on how to do their jobs properly without injury.
- Employees with discomfort were seen through the MOD Intervention program thus preventing possible costly claims. The DVD, "Back Anatomy for the Worker," has been shown for Post-Offer Testing, Post-Injury Education and Return to Work

I personally feel these standards need to be implemented in the hiring process, after an injury process, or after surgery to insure safe and injury-free employees. In the long term, the employee benefits with good health, a safe work environment, and the knowledge that Lane County Hospital cares about each employee's individual well-being.